

CLEOPATRA RESORT, EGYPT



WELCOME TO YOUR ACTIVE AWAY TENNIS HOLIDAY!

Enjoy 22.5hrs of Coaching, Doubles Play & an end of week Active Away Cup Tournament curated by Jamie Murray MBE. We hope you have a fantastic holiday with us & you will be well looked after by our Team.



	MORNING	AFTERNOON	EVENING
SATURDAY	Arrival - If you've booked a Transfer as part of your package an Active Away Representative will be there to meet you on arrival and it will take 40 Minutes to travel to the hotel If you've not booked a Transfer then please contact your host in the WhatsApp group to let them know your arrival time.		
SUNDAY	07:30 - 09:25 > Breakfast - Join the Group at the Waterfront Restaurant 09:30 - 09:55 > Welcome Meeting - At the Tennis Centre 10:00 - 12:00 > Tennis - Baseline Brilliance: The Power of Precision 12:00 - 12:15 > Coffee - Main Bar	13:00 > Lunch - Join the Group at the Pool Bar Restaurant 15:30 - 16:00 > Tennis Masterclass - Team Harmony: Building Successful Partnerships 16:00 - 18:00 > Tennis - Doubles Social: Consistent Communication - Doubles Discovery	20:00 > Meet - In the Lobby Bar 20:30 > Dinner - Join the Group at the Vista Mare - Italian Restaurant
MONDAY	07:30 - 09:50 > Breakfast - Join the Group at the Waterfront Restaurant 10:00 - 12:00 > Tennis - Triple Threat: Perfecting the First Three Shots 12:00 - 12:15 > Cool Down & Stretch - Gentle Stretching	13:00 > Lunch - Join the Group at the Waterfont Restaurant 15:30 - 16:00 > Tennis Masterclass - The Technical Tune Up 16:00 - 18:00 > Tennis - Doubles Social: Tactical Tie Breaks: Implementing Strategies for Success	20:00 > Meet - In the Lobby Bar 20:30 > Dinner - Join the Group at the Waterfront Restaurant
TUESDAY	07:30 - 09:25 > Breakfast - Join the Group at the Waterfront Restaurant 09:30 - 10:00 > Tennis Masterclass - Perfecting Positioning & Communication 10:00 - 12:00 > Tennis - Dynamic Doubles: Strategies for Success Transitions 12:00 - 12:15 > Coffee - Main Bar	13:00 > Lunch - Join the Group at the Pool Bar Restaurant 16:00 - 18:00 > Tennis - The Head Classic - Radicals vs Speeds	20:00 > Meet - In the Lobby Bar 20:30 > Dinner - Join the Group at the Waterfront Restaurant
WEDNESDAY	Day Off > Optional Day Trip - Please visit https://activeaway.com/active-away-day-off-guides/ for more information Dinner - Please book your own meal, or alternatively join the Coaching Team		
THURSDAY	07:30 - 09:50 > Breakfast - Join the Group at the Waterfront Restaurant 10:00 - 12:00 > Tennis - Net Mastery: Owning the Net 12:00 - 12:15 > Cool Down & Stretch - Gentle Stretching	13:00 > Lunch - Join the Group at the Waterfront Restaurant 15:30 - 16:00 > Tennis Masterclass - Murray's Mastermind 16:00 - 18:00 > Tennis - Doubles Social - Tennis Team Up	20:00 > Meet - In the Lobby Bar 20:30 > Dinner - Join the Group at the Waterfront Restaurant
FRIDAY	07:30 - 08:55 > Breakfast - Join the Group at the Waterfront Restaurant 09:00 - 10:30 > Tennis - Bullseye Battle 10:30 - 13:00 > Tennis - Active Away Cup - Champagne Social Tournament	13:30 > Lunch - Join the Group at the Waterfront Restaurant 17:00 - 18:00 > Tennis - Coaches Exhibition Match 18:00 - 18:30 > Presentation	20:00 > Meet - In the Lobby Bar 20:30 > Dinner - Join the Group at the Waterfront Restaurant
SATURDAY	Departure - If you've booked a Transfer as part of your package, you will be collected 3 Hours before your flight departs If you've not booked a Transfer then please Contact your host to let them know your Departure Time, so they can say goodbye!		







