

## WELCOME TO YOUR ACTIVE AWAY TENNIS HOLIDAY!

ENJOY 22.5HRS OF COACHING, DOUBLES PLAY & AN END OF WEEK DAVIS CUP TOURNAMENT CURATED BY LOUIS CAYER (JAMIE MURRAY'S DOUBLES COACH)!  
WE HOPE YOU HAVE A FANTASTIC HOLIDAY WITH US & YOU WILL BE WELL LOOKED AFTER BY OUR TEAM.

DAY	MORNING	AFTERNOON	EVENING
Saturday	<b>Arrival</b> - If <b>you've booked</b> a Transfer as part of your package an Active Away Representative will be there to meet you on arrival and it will take 70 Minutes to travel to the hotel. - If you've <b>not booked</b> a Transfer then please contact your host in the WhatsApp group to let them know your arrival time.		
Sunday	<b>08:00 - 08:45 - Yoga</b> - Adjacent to Sentido Pool <b>07:30 - 08:25 - Breakfast</b> - Join the Group at the Sentido Restaurant (No Reservation Available) <b>08:30 - 08:55 - Welcome Meeting</b> - At the Tennis Centre  <b>09:00 - 11:00 - Tennis</b> - New Session - Coming Soon <b>11:00 - 11:15 - Yoga - Cool Down</b> - Tennis Court 1	<b>13:00 - Lunch</b> - Join the Group at the Sentido Restaurant (No Reservation Available)  <b>16:30 - 17:00 - Tennis</b> - New Session - Coming Soon <b>17:00 - 19:00 - Tennis</b> - New Session - Coming Soon	<b>20:00 - Meet</b> - In the Sentido Pool Bar <b>20:30 - Dinner</b> - Join the Group at the Sentido Restaurant Restaurant
Monday	<b>07:45 - 08:30 - Yoga</b> - Adjacent to Sentido Pool <b>07:30 - 08:25 - Breakfast</b> - Join the Group at the Sentido Restaurant - No Reservation available - Join the Coaching Team  <b>08:30 - 08:25 - Tennis Masterclass</b> - New Session - Coming Soon <b>09:00 - 11:00 - Tennis</b> - New Session - Coming Soon <b>11:00 - 11:15 - Yoga - Cool Down</b> - Tennis Court 1	<b>13:00 - Lunch</b> - Join the Group at the Sentido Restaurant (No Reservation Available)  <b>17:00 - 19:00 - Tennis</b> - New Session - Coming Soon	<b>20:00 - Meet</b> - In the Sentido Pool Bar <b>20:30 - Dinner</b> - Join the Group at the Italian A La Carte Restaurant (supplement of €20)
Tuesday	<b>08:00 - 08:45 - Yoga</b> - Adjacent to Sentido Pool <b>07:30 - 09:50 - Breakfast</b> - Join the Group at the Sentido Restaurant - No Reservation available - Join the Coaching Team  <b>09:00 - 11:00 - Tennis</b> - New Session - Coming Soon <b>11:00 - 11:15 - Yoga - Cool Down</b> - Tennis Court 1	<b>13:00 - Lunch</b> - Join the Group at the Sentido Restaurant (No Reservation Available)  <b>16:30 - 17:00 - Tennis Masterclass</b> - New Session - Coming Soon <b>17:00 - 19:00 - Tennis</b> - New Session - Coming Soon	<b>20:00 - Meet</b> - In the Sentido Pool Bar <b>20:30 - Dinner</b> - Join the Group at the Sentido Restaurant
Wednesday	<b>Day Off - Optional Day Trip</b> - Please visit <a href="https://activeaway.com/active-away-day-off-guides/">https://activeaway.com/active-away-day-off-guides/</a> for more information		<b>Dinner</b> - Please book your own meal, or alternatively join the Coaching Team
Thursday	<b>08:00 - 08:45 - Yoga</b> - Adjacent to Sentido Pool <b>07:30 - 09:50 - Breakfast</b> - Join the Group at the Sentido Restaurant - No Reservation available - Join the Coaching Team  <b>09:00 - 11:00 - Tennis</b> - New Session - Coming Soon <b>11:00 - 11:15 - Yoga - Cool Down</b> - Tennis Court 1	<b>13:00 - Lunch</b> - Join the Group at the Sentido Restaurant (No Reservation Available)  <b>16:30 - 17:00 - Tennis Masterclass</b> - New Session - Coming Soon <b>17:00 - 19:00 - Tennis</b> - New Session - Coming Soon	<b>20:00 - Meet</b> - In the Sentido Pool Bar <b>20:30 - Dinner</b> - Join the Group at the Turkish A La Carte Restaurant (supplement of €15) Restaurant or The Sentido Restaurant
Friday	<b>07:00 - 07:45 - Yoga</b> - Adjacent to Sentido Pool <b>07:30 - 09:50 - Breakfast</b> - Join the Group at the Sentido Restaurant - No Reservation available - Join the Coaching Team  <b>09:00 - 13:00 - Tennis</b> - Hopman Cup - Champagne Social Tournament <b>13:00 - 13:15 - Yoga - Cool Down</b> - Tennis Court 1	<b>13:00 - Lunch</b> - Join the Group at the Sentido Restaurant (No Reservation Available) <b>15:45 - 16:45 - Yoga - Restorative Deep Relaxing Stretch</b> - Adjacent to Sentido Pool <b>17:00 - 18:00 - Tennis</b> - Coaches Exhibition Match <b>18:00 - 18:30 - Presentation</b>	<b>20:00 - Meet</b> - In the Sentido Pool Bar <b>20:30 - Dinner</b> - Join the Group at the Asian A La Carte Restaurant (supplement of €15) Restaurant
Saturday	<b>Departure</b> - If <b>you've booked</b> a Transfer as part of your package, you will be collected 3.5 Hours before your flight departs. - If <b>you've not booked</b> a Transfer then please Contact your host to let them know your Departure Time, so they can say goodbye!		



19x Astro Turf Courts

70 Minutes from Dalaman  
Airport

3x Restaurants

2x Beaches  
4x Pools