

# FAMILY TENNIS HOLIDAYS

## TENNIS PROGRAMME

TYPE	ADULT TENNIS PROGRAMME	CHILDREN - YELLOW BALL* <small>*MAY JOIN ADULTS AT COACHES DISCRETION</small>	CHILDREN - MINI TENNIS	CHILDREN - TOTS
Saturday	<b>Arrival</b> - If <b>you've booked</b> a Transfer as part of your package an Active Away Representative will be there to meet you on arrival and it will take 70 Minutes to travel to the hotel. - If <b>you've not booked</b> a Transfer then please contact your host in the WhatsApp group to let them know your arrival time.			
Sunday	<b>10:00 - 12:00 - Tennis Coaching</b> - Dominate from the Back  <b>15:30 - 16:00 - Tennis Masterclass</b> - Doubles DNA <b>16:00 - 18:00 - Tennis Play</b> - Doubles Social - Winners Up / Runners Up Down	<b>10:00 - 12:00 - Tennis Coaching</b> - Rally Skills  <b>15:30 - 16:00 - Tennis Fitness</b> <b>16:00 - 18:00 - Tennis Play</b> - Conditioned Points	<b>10:00 - 12:00 - Tennis Coaching</b> - Being Consistent  <b>15:30 - 16:00 - Tennis Games</b> <b>16:00 - 18:00 - Tennis Play</b> - Conditioned Points	<b>10:00 - 12:00 - Tennis Coaching</b> - ABC's
Monday	<b>09:30 - 10:00 - Tennis Masterclass</b> - Decision Making at the Net  <b>10:00 - 12:00 - Tennis Coaching</b> - Control the Net <b>16:00 - 18:00 - Tennis Play</b> - Doubles Social - American Doubles	<b>10:00 - 12:00 - Tennis Coaching</b> - Using Your Strengths  <b>15:30 - 16:00 - Tennis Fitness</b> <b>16:00 - 18:00 - Tennis Play</b> - Conditioned Points	<b>10:00 - 12:00 - Tennis Coaching</b> - The Serve  <b>15:30 - 16:00 - Tennis Games</b> <b>16:00 - 18:00 - Tennis Play</b> - Conditioned Points	<b>10:00 - 12:00 - Tennis Coaching</b> - Co-Ordination Games
Tuesday	<b>10:00 - 12:00 - Tennis Coaching</b> - How to Break Serve  <b>15:30 - 16:00 - Tennis Masterclass</b> - Doubles DNA <b>16:00 - 18:00 - Tennis Play</b> - Doubles Social - Battle of the Brits	<b>10:00 - 12:00 - Tennis Coaching</b> - Being a Great Volleyer  <b>15:30 - 16:00 - Tennis Fitness</b> <b>16:00 - 18:00 - Tennis Play</b> - Conditioned Points	<b>10:00 - 12:00 - Tennis Coaching</b> - Developing Patterns  <b>15:30 - 16:00 - Tennis Games</b> <b>16:00 - 18:00 - Tennis Play</b> - Conditioned Points	<b>10:00 - 12:00 - Tennis Coaching</b> - Target Based Fun
Wednesday	<b>Day Off - Optional Day Trip</b> - Please visit <a href="https://activeaway.com/active-away-day-off-guides/">https://activeaway.com/active-away-day-off-guides/</a> for more information			
Thursday	<b>10:00 - 12:00 - Tennis Coaching</b> - Power Positions  <b>15:30 - 16:00 - Tennis Masterclass</b> - Doubles Principles <b>16:00 - 18:00 - Tennis Play</b> - Doubles Social - Create a Team	<b>10:00 - 12:00 - Tennis Coaching</b> - Securing your Service Game  <b>15:30 - 16:00 - Tennis Fitness</b> <b>16:00 - 18:00 - Tennis Play</b> - Conditioned Points	<b>10:00 - 12:00 - Tennis Coaching</b> - Skills to Pay the Bills  <b>15:30 - 16:00 - Tennis Games</b> <b>16:00 - 18:00 - Tennis Play</b> - Conditioned Points	<b>10:00 - 12:00 - Tennis Coaching</b> - Bounce and Catch
Friday	<b>09:00 - 13:00 - Tennis Play</b> - Hopman Cup  <b>17:00 - 18:00 - Tennis Exhibition</b> - Coaches Match	<b>09:00 - 13:00 - Tennis Play</b> - Tournament Battle  <b>17:00 - 18:00 - Tennis Exhibition</b> - Coaches Match	<b>09:00 - 13:00 - Tennis Play</b> - Tournament Battle  <b>17:00 - 18:00 - Tennis Exhibition</b> - Coaches Match	<b>10:00 - 12:00 - Tennis Coaching</b> - Crazy Tennis
Saturday	<b>Departure</b> - If <b>you've booked</b> a Transfer as part of your package, you will be collected 2.5 Hours before your flight departs. - If <b>you've not booked</b> a Transfer then please Contact your host to let them know your Departure Time, so they can say goodbye!			

# FAMILY TENNIS HOLIDAYS

## HOSTING PROGRAMME

TYPE	ADULT TENNIS PROGRAMME	YOUNG ADULTS	CHILDREN
Saturday	<p><b>Arrival</b> - If you've booked a Transfer as part of your package an Active Away Representative will be there to meet you on arrival at the Airport. - If you've not booked a Transfer then please contact your host in the WhatsApp group to let them know your arrival time.</p>		
Sunday	<p><b>09:30 - 10:00 - Welcome Meeting</b></p> <p><b>13:00 - Lunch</b> - Join the Coaching Team &amp; Group in the Main Restaurant</p> <p><b>19:45 - Dinner</b> - Join the Coaching Team &amp; Group in the Main Restaurant</p>	<p><b>13:00 - Lunch</b> - Join the Coaching Team &amp; Group in the Main Restaurant</p> <p><b>13:45 - 15:00</b> - Waterpark with the Coaches</p> <p><b>19:45 - Dinner</b> - Join the Coaching Team &amp; Group in the Main Restaurant</p> <p><b>20:30 - 21:15</b> - Games Night</p>	<p><b>13:00 - Lunch</b> - Join the Coaching Team &amp; Group in the Main Restaurant</p> <p><b>13:45 - 15:00</b> - Waterpark with the Coaches</p> <p><b>19:45 - Dinner</b> - Join the Coaching Team &amp; Group in the Main Restaurant</p> <p><b>20:30 - 21:15</b> - Games Night</p>
Monday	<p><b>13:00 - Lunch</b> - Join the Coaching Team &amp; Group in the Main Restaurant</p> <p><b>19:45 - Dinner</b> - Join the Coaching Team &amp; Group in one of the Main Restaurant Restaurants</p>	<p><b>13:00 - Lunch</b> - Join the Coaching Team &amp; Group in the Main Restaurant</p> <p><b>13:45 - 15:00</b> - Beach with the Coaches</p> <p><b>19:45 - Dinner</b> - Join the Coaching Team &amp; Group in one of the Main Restaurant Restaurants</p> <p><b>20:30 - 21:15</b> - Film Night</p>	<p><b>13:00 - Lunch</b> - Join the Coaching Team &amp; Group in the Main Restaurant</p> <p><b>13:45 - 15:00</b> - Beach with the Coaches</p> <p><b>19:45 - Dinner</b> - Join the Coaching Team &amp; Group in one of the Main Restaurant Restaurants</p> <p><b>20:30 - 21:15</b> - Film Night</p>
Tuesday	<p><b>13:00 - Lunch</b> - Join the Coaching Team &amp; Group in the Main Restaurant</p> <p><b>19:45 - Dinner</b> - Join the Coaching Team &amp; Group in the Main Restaurant</p>	<p><b>13:00 - Lunch</b> - Join the Coaching Team &amp; Group in the Main Restaurant</p> <p><b>13:45 - 15:00</b> - Pool with the Coaches</p> <p><b>19:45 - Dinner</b> - Join the Coaching Team &amp; Group in the Main Restaurant</p> <p><b>20:30 - 21:15</b> - Quiz Night</p>	<p><b>13:00 - Lunch</b> - Join the Coaching Team &amp; Group in the Main Restaurant</p> <p><b>13:45 - 15:00</b> - Pool with the Coaches</p> <p><b>19:45 - Dinner</b> - Join the Coaching Team &amp; Group in the Main Restaurant</p> <p><b>20:30 - 21:15</b> - Quiz Night</p>
Wednesday	<p><b>Day Off - Optional Day Trip</b> - Please visit <a href="https://activeaway.com/active-away-day-off-guides/">https://activeaway.com/active-away-day-off-guides/</a> for more information</p>		
Thursday	<p><b>13:00 - Lunch</b> - Join the Coaching Team &amp; Group in one of the Main Restaurant Restaurants</p> <p><b>19:45 - Dinner</b> - Join the Coaching Team &amp; Group</p>	<p><b>13:00 - Lunch</b> - Join the Coaching Team &amp; Group in one of the Main Restaurant Restaurants</p> <p><b>13:45 - 15:00</b> - Waterpark with the Coaches</p> <p><b>19:45 - Dinner</b> - Join the Coaching Team &amp; Group</p> <p><b>20:30 - 21:15</b> - Games Night</p>	<p><b>13:00 - Lunch</b> - Join the Coaching Team &amp; Group in one of the Main Restaurant Restaurants</p> <p><b>13:45 - 15:00</b> - Waterpark with the Coaches</p> <p><b>19:45 - Dinner</b> - Join the Coaching Team &amp; Group</p> <p><b>20:30 - 21:15</b> - Games Night</p>
Friday	<p><b>13:00 - Lunch</b> - Join the Coaching Team &amp; Group</p> <p><b>18:00 - 18:30 - Presentation</b></p> <p><b>19:45 - Dinner</b> - Join the Coaching Team &amp; Group</p>	<p><b>13:00 - Lunch</b> - Join the Coaching Team &amp; Group</p> <p><b>19:45 - Dinner</b> - Join the Coaching Team &amp; Group</p> <p><b>18:00 - 18:30 - Presentation</b></p> <p><b>20:30 - 21:15</b> - Coaches Challenge Night</p>	<p><b>13:00 - Lunch</b> - Join the Coaching Team &amp; Group</p> <p><b>19:45 - Dinner</b> - Join the Coaching Team &amp; Group</p> <p><b>18:00 - 18:30 - Presentation</b></p> <p><b>20:30 - 21:15</b> - Coaches Challenge Night</p>
Saturday	<p><b>Departure</b> - If you've booked a Transfer as part of your package you will be collected from the hotel. - If you've not booked a Transfer then please Contact your host to let them know your Departure Time, so they can say goodbye!</p>		