

IKOS ARIA, KOS

Tennis Holiday Itinerary

Welcome to your Active Away Tennis Holiday! Enjoy 22.5hrs of Coaching, Doubles Play & an end of week Davis Cup Tournament curated by Louis Cayer (Jamie Murray's Doubles Coach)! We hope you have a fantastic holiday with us & you will be well looked after by our Team.

Day	Morning	Afternoon	Evening
Saturday	Arrival - An Active Away Representative will be there to meet you on arrival. It will take approx 15 minutes to travel from the airport to the hotel.	Arrival - An Active Away Representative will be there to meet you on arrival. It will take approx 15 minutes to travel from the airport to the hotel.	Arrival - An Active Away Representative will be there to meet you on arrival. It will take approx 15 minutes to travel from the airport to the hotel.
Sunday	09:30am - Welcome Meeting - At the Tennis Centre 10:00am - 12:00 - Tennis - 'How to be Solid from the Back'	13:00 - Lunch - Join the coaches in the Flavors Restaurant 16:30 - 17:00 - Tennis Masterclass - 'Find your Doubles DNA' 17:00 - 19:00 - Tennis - Doubles Social Afternoon with 'DNA top tips from the Coaches'	19:45 - Meet in the Main Bar 20:00 - Dinner - In the Kos Restaurant 21:30 - Live Music - In the Lobby Bar
Monday	10:00 - 11:00 - Tennis - 'Being Comfortable at the Net' 11:00 - 12:00 - Tennis - 'Examining your Doubles DNA'	13:00 - Lunch - Join the coaches in the Ouzo Restaurant 16:30 - 17:00 - Tennis Masterclass - 'Serve + Return' 17:00 - 18:00 - Tennis - Serve + Return Coaching 18:00 - 19:00 - Tennis - Doubles Social Afternoon with 3 Serves + Top Serve + Return tips from the Coaches"	19:45 - Meet in the Lobby Bar 20:00 - Dinner - In the Olivia Restaurant
Tuesday	10:00 - 12:00 - Tennis - 'Stressbuster - Fast Paced Doubles Drills Session'	13:00 - Lunch - Join the coaches in the Fresco Restaurant 16:30 - 17:00 - Tennis Masterclass - 'Communication with Partner + Learn Australian' 17:00 - 19:00 - Tennis - Doubles Social Afternoon with tips from the Coaches - you must play Australian!	19:45 - Meet in the Lobby Bar 20:00 - Dinner - In the Flavors Restaurant
Wednesday	Day Off - Optional Day Trip - Your hosts will give you several options	Day Off - Optional Day Trip - Your hosts will give you several options	Dinner - Book your own meal / Join the coaching team 21:30 - White Party - At the Beach
Thursday	10:00 - 12:00 - Tennis - 'Be Precise with your Slice & Put your Overhead to Bed'	13:00 - Lunch - Join the coaches in the Ouzo Restaurant 16:30 - 17:00 - Tennis Masterclass - 'Louis Cayer's Top Tips' 17:00 - 19:00 - Tennis - Doubles Social Afternoon - Can you figure your opponent out?	19:45 - Meet in the Lobby Bar 20:00 - Dinner - In the Seasons Restaurant
Friday	10:00 - 14:00 - Tennis - 'Davis Cup Champagne Social Tournament'	14:15 - Lunch - Join the coaches in the Flavors Restaurant 17:30 - 18:30 - Watch - Coaches Exhibition Matc 18:30 - 19:00 - Presentation - End of week awards	19:45 - Meet in the Lobby Bar 20:00 - Dinner - In the Anaya Restaurant
Saturday	Departure - An Active Away Representative will be there to wave you goodbye. Your collection will be approximately 2.5 hours before your flight time.	Departure - An Active Away Representative will be there to wave you goodbye. Your collection will be approximately 2.5 hours before your flight time.	Departure - An Active Away Representative will be there to wave you goodbye. Your collection will be approximately 2.5 hours before your flight time.







