

MASTERCLASSES

ACTIVE AWAY

ACTIVE AWAY DOUBLES RULES

Our goal is to have everyone who has been on an Active Away Event to have our Doubles Principles instilled in them. We know that if you adhere to these principles, you'll be very difficult to play!

| PRINCIPLE | DESCRIPTION |
|---|---|
| We handle the wind | When playing with the wind - don't drop shot or lob! When playing against the wind - do drop shot and lob! |
| We go down the line | 1 in 3 shots - we look to go down the line |
| We don't get beat in the middle | We are always strong in the centre of the court, and we don't get passed in-between us |
| We don't let a topspin lob bounce | We don't let a topspin lob bounce, as we know that it will kick off the court and being very difficult to retrieve |
| We always look for our strength | We always look for our strength so we can dominate the point |
| We make them win the point | We don't play passively, but we don't go for 'Hollywood' shots |
| We are perfectly prepared | From our equipment to our warm up - we prepare effectively |
| We always know the score | We are very aware of the score, and are never guessing |
| We avoid the net | We know the net is our enemy, and if we miss - it's not in the net |
| We play our partner's shot | By recognising what your partner is doing we are able to anticipate what could happen next |
| We lob over the backhand and never miss it wide | We know that a backhand overhead is one of the toughest shots in Tennis, so we choose to lob over it |
| We Hunt High & Defend Low | We always have our ready position in the correct place so we are ready to receive the ball |