

WELCOME TO YOUR ACTIVE AWAY PICKLEBALL HOLIDAY!

WELCOME TO ACTIVE AWAY'S ULTIMATE PICKLEBALL TRIP AT HILTON VILAMOURA! EXPERIENCE PREMIER COACHING AT THE INCREDIBLE VILAMOURA TENNIS CLUB..

DAY	MORNING	AFTERNOON	EVENING
Day 1	<p>Arrival – Please ensure your flight lands before 1pm to avoid missing the first coaching session!</p> <p>Airport Transfer – We can organise an Airport Transfer for you or alternatively you can make your own way from the Airport to the Hotel.</p>	<p>16:00 - 18:00 - Pickleball Coaching - Serve, Return and Baseline Drives. Focusing around the key basics of Pickleball.</p> <p>18:30 - 19:00 - Welcome Meeting - Meet the group and your coaching team</p>	<p>20:30 - Dinner* - For the first evening, we keep things nice and simple by dining in the hotel restaurant as we appreciate you may have had an early start!</p> <p>*Estimated price of €30.</p>
Day 2	<p>07:30 - 08:30 - Breakfast - Join the group in the main Buffet Restaurant to start the day well!</p> <p>08:30 Depart - For the Pickleball courts (around 17-20 mins).</p> <p>09:00 - 11:30 - Pickleball Coaching - Warm up in style and neutralise the opposition with a third shot.</p>	<p>12:30 - 13:30 - Lunch* - Enjoy a fresh Mediterranean lunch at the club..</p> <p>*Estimated price of €15-20.</p> <p>14:00 - 16:00 - Free Time - Either have a gentle walk back to the hotel, relax at the club or do some shopping.</p> <p>16:00 - 18:30 - Pickleball Coaching - The 4th shot options – coping with the 3rd shot drop, with conditioned points and expert coaching tips.</p>	<p>19:30 - Dinner* - Join the group for Dinner at a local Restaurant, featuring Mediterranean and international cuisine.</p> <p>*Estimated price of €30-50.</p>
Day 3	<p>07:30 - 08:30 - Breakfast - Join the group in the main Buffet Restaurant to start the day well!</p> <p>08:30 Depart - For the Pickleball courts (around 17-20 mins).</p> <p>09:00 - 11:30 - Pickleball Coaching - Practice the 6 types of Dink with Kitchen drills and skills</p>	<p>12:30 - 13:30 - Lunch* - Enjoy a fresh Mediterranean lunch at the club..</p> <p>*Estimated price of €15-20.</p> <p>14:00 - 16:00 - Free Time - Either have a gentle walk back to the hotel, relax at the club or do some shopping.</p> <p>16:00 - 18:30 - Pickleball Coaching - Tactical techniques and tips in a game play format, putting into practice the skills learnt.</p>	<p>19:30 - Dinner* - Join the group for Dinner at a local Restaurant, featuring local cuisine.</p> <p>*Estimated price of €30-50.</p>
Day 4	<p>07:30 – 08:45 – Breakfast – Join the group for breakfast in the main buffet restaurant.</p> <p>09:00 – 10:30 – Pickleball Play – Mini end of Pickleball break 'American Doubles' style competition.</p> <p>10:30 – 10:45 – Presentation – End of Pickleball holiday presentation.</p> <p>11:00 – 12:00 – Check Out – The check out time for Dona Filipa is 12:00.</p>	<p>Departure – Please select a flight home which departs after 3pm so you can enjoy the final morning of Pickleball coaching!</p> <p>Airport Transfer – We can organise an Airport Transfer for you or alternatively you can make your own way from the Hotel to the Airport.</p>	