4* OLIVA NOVA BEACH & GOLF RESORT

ADULT PADEL HOLIDAY 2024 ITINERARY

WELCOME TO YOUR ACTIVE AWAY HOSTED PADEL HOLIDAY!

WELCOME TO THE BEST PADEL DESTINATION IN EUROPE. JOIN US FOR A TRULY AUTHENTIC SPANISH PADEL EXPERIENCE IN VALENCIA AT THE OLIVA NOVA BEACH & GOLF RESORT.

DAY	Morning	Afternoon	Evening
Thursday	Arrival – Please select a morning flight so you arrive ready to play padel on the first day. Airport Transfer – We can organise an Airport Transfer for you at a cost of £120pp from Valencia or £120pp from Alicante for return transfers or alternatively you can make your own way from the Hotel to the Airport.	17:00 - 17:30 - Welcome Meeting - Meet the group and your coaching team 17:30 - 19:00 - Padel Tennis Coaching - Padel Tactic Situations. Dealing with different game situations.	20:30 - Dinner - For the first evening, we keep things nice and simple by dining in the hotel restaurant (The Columbus) as we appreciate you may have had an early start! This will either be a set menu or a buffet restaurant.
Friday	08:00 - 09:00 - Breakfast - Join the group in the Columbus Buffet Restaurant to start the day well! 09:30 - 12:00 - Padel Tennis Coaching - Rock Solid Defence. Learn how to handle the glass and play a chiquita!	12:30 - 13:00 - Lunch - Enjoy Lunch at the Golf Club 13:30 - 16:30 - Relax - Enjoy the facilities of the hotel for the afternoon! 16:30 - 18:00 - Padel Tennis Coaching - More of a play session, with some conditioned points and expert coaching tips.	20:00 - Dinner - Join the Group at the Italian Restaurant. This will be a set menu.
Saturday	08:00 - 09:00 - Breakfast - Join the group in the Columbus Buffet Restaurant to start the day well! 09:30 - 12:00 - Padel Tennis Coaching - Get on the offense! How to take and keep the net in Padel.	12:30 - 13:00 - Lunch - Enjoy Lunch at the Golf Club 13:30 - 16:30 - Relax - Enjoy the facilities of the hotel for the afternoon! 16:30 - 18:00 - Padel Tennis Coaching - Padel Tactic games with fun scenarios.	20:00 - Dinner - Join the Group at the Aurora (Mediterranean) Restaurant. This will be a set menu. 21:30 - Drinks - Optional drinks in the local town of Dénia (additional cost for taxi and drinks).
Sunday	07:30 – 08:45 – Breakfast – Join the group for breakfast in the main buffet restaurant. 09:00 – 10:30 – Padel Play – Mini end of Padel break 'American Doubles' style competition. 10:30 – 10:45 – Presentation – End of Padel tennis holiday presentation. 11:00 – 12:00 – Check Out – The check out time for Oliva Nova is 12:00.	Departure – Please select an afternoon flight so you can have a final morning Padel session! Airport Transfer – We can organise an Airport Transfer for you at a cost of £120pp from Valencia or £120pp for return transfers from Alicante or alternatively you can make your own way from the Hotel to the Airport.	







