



## WELCOME TO YOUR 2023 COACH TRAINING WITH LOUIS CAYER!

THIS IS A GREAT OPPORTUNITY TO LEARN & DEVELOP YOUR SKILLS. COME AND LEARN SOME FANTASTIC NEW CONTENT, GET YOUR LICENSE POINTS SORTED AND ENJOY SOME TIME WITH THE TEAM!



DAY	MORNING	AFTERNOON	EVENING
<b>Saturday</b> 15th July 2023	<b>09:30 - 10:00 - Arrive / Register / Grab a coffee</b>  <b>10:00 - 10:30 - Welcome &amp; set the Scene</b> - We will review the Spring Holidays,, look at elements that went well and present areas of development  <b>10:30 - 12:00 - On Court Session 1</b> - On court training session looking at the delivery of the Active Away programme – Led by Matt Allen	<b>12:00 - 13:30 - On Court Session 2</b> - On court training session looking at the delivery of the Active Away programme – Led by Matt Allen  <b>13:30 - 14:30 - Lunch*</b> - At David Lloyd  <b>15:00 - Arrive at Golf Club*</b> - We have a round of golf organised at The Nottinghamshire Golf Course you can check out the Golf Club at <a href="#">This Link</a> . The address is: The Nottinghamshire Golf & Country Club, Cotgrave, Nottingham, Nottinghamshire, NG12 3HB	<b>20:00 - Check in at Hotel*</b> - Check in at your hotel of choice ideally in Nottingham City Centre  <b>20:30 - Dinner*</b> - Team Meal Out – Restaurant TBC
<b>Sunday</b> 16th July 2023	<b>09:30 - 10:00 - Arrive &amp; Register &amp; Grab a coffee</b>  <b>10:00 - 11:30 - On Court Session 1</b> - On court session with Louis Cayer - Content TBC  <b>11:30 - 13:00 - On Court Session 2</b> - On court session with Louis Cayer - Content TBC	<b>13:00 - 14:00 - Lunch*</b> - At David Lloyd West Bridgford  <b>14:00 - 16:00 - On Court Session 3</b> - On court session with Louis Cayer - Content TBC  <b>16:00 - 16:30 - Coffee/Drinks Break</b>  <b>16:30 - 18:00 - On Court Session 3</b> - On court session with Louis Cayer - Content TBC	<b>18:00 - Thank you and Departure</b>
<b>Information</b>	*Is not included and at an additional cost Please Note - Accommodation & Travel is not included		

