

AC Hotel Victoria Suites by Marriott

Example Itinerary



Day	Morning	Afternoon	Evening
Tuesday - Arrival Day (Arrive Anytime)	Arrival: Choose a flight that suits your plans and travel to AC Hotel Victoria Suites by Marriott, your base for four nights. Barcelona El Prat Airport is normally around 25 minutes from the hotel, depending on traffic.	15:00 - Hotel Check-in - AC Hotel Victoria Suites by Marriott - Check in and settle into your room. If you have booked an airport transfer, your confirmed meeting and journey details will be shared before travel. If you are travelling independently, please tell your host your expected arrival time.	19:30 - Welcome Drink - Hotel Lobby - Meet your host and fellow guests for a welcome drink. 20:00 - Dinner - AC Hotel Victoria Suites by Marriott - Join the group for dinner in the hotel. Dinner and drinks are paid locally.
Wednesday - Find Your Rhythm	07:00-08:00 - Breakfast - AC Hotel Victoria Suites by Marriott - Breakfast is included. 08:25 - Meet - Hotel Lobby - Walk with the group to Club Esportiu Laietà, approximately 20 minutes away. 09:00-11:00 - Tennis Coaching - Rally Rhythm: The Green Zone - Build a reliable rally tempo, improve consistency and recognise the right opportunity to move forward across three red-clay courts. 11:00-11:15 - Cool Down & Stretch - Finish the morning programme with a guided cool down and stretch.	Lunch - Club Esportiu Laietà - Lunch is available at the tennis club and is paid locally. 13:30-14:00 - Tennis Masterclass - Warming Up to Win - Explore how a purposeful physical and mental warm-up can help you feel ready from the first point on the single show court. 14:00-16:00 - Tennis Coaching - Find Your Rhythm - Take the day's themes into coached drills and doubles point play across four red-clay courts, focusing on positioning, communication and point construction.	20:00 - Dinner - Central Park BCN - Join the group for an organised dinner. Food and drinks are paid locally.

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Thursday - Mental Matchplay Mastery	Breakfast - AC Hotel Victoria Suites by Marriott - Breakfast is included. 08:25 - Meet - Hotel Lobby - Walk with the group to Club Esportiu Laietà, approximately 20 minutes away. 09:00-11:00 - Tennis Coaching - Spanish Drills: Train Like the Pros - Improve movement, consistency and the ability to repeat effective patterns across three red-clay courts. Cool Down & Stretch - Finish the morning programme with a guided cool down and stretch before lunch.	Lunch - Club Esportiu Laietà - Lunch is available at the tennis club and is paid locally. 13:30-14:00 - Tennis Masterclass - Mental Matchplay Mastery - Explore focus, resilience and between-point routines on the single show court. 14:00-15:00 - Tennis Coaching - Serve and Return - Sharpen the first two shots of each point across four red-clay courts. 15:00-16:00 - Tennis Coaching - Mind Over Match - Combine coached point play with realistic doubles situations across four red-clay courts.	20:00 - Dinner - Leña by Dani García - Join the group for an organised dinner. Food and drinks are paid locally. Coaching themes may be adjusted to suit the group and playing conditions.
Friday - Barcelona Open Quarter-Finals	Breakfast - AC Hotel Victoria Suites by Marriott - Breakfast is included. Walk to the Tournament - Real Club de Tennis Barcelona 1899 - Walk approximately 10 minutes from the hotel to the tournament venue. Barcelona Open ATP 500 Quarter-Finals - Spend the day watching world-class clay-court tennis and observing the movement, patterns and match routines used by the professionals.	Tournament Ticket - Tribuna B1 or B2 - Your final seating section will be confirmed in your travel documents. The order of play and match timings will be confirmed closer to the event. Lunch - Barcelona Open - Lunch and drinks at the tournament are paid locally.	Dinner and Drinks - Dinner and drinks are paid locally. Your host will share the latest practical arrangements when the official tournament schedule is available.

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Day	Morning	Afternoon	Evening
Saturday - Departure Day (Depart Anytime)	Breakfast - AC Hotel Victoria Suites by Marriott - Enjoy a final included breakfast at the hotel. 12:00 - Hotel Check-out - Check out of the hotel and begin your journey home.	Departure - Choose a return flight that suits your plans. If you have booked an optional airport transfer, your confirmed collection time will be shared before travel. If you are making your own way, please tell your host when you expect to leave.	Departure: Barcelona El Prat Airport is normally around 25 minutes from the hotel, depending on traffic. Please allow enough time for the journey and your airline's recommended airport check-in procedures.