

Daphnila Bay

Example Itinerary



Day	Morning	Afternoon	Evening
Saturday - Arrival Day (Arrive Anytime)	Arrival: Fly into Corfu Airport (CFU). Daphnila Bay is approximately 25 minutes from the airport. Your confirmed transfer arrangements will be shared before travel.	Check-in: Arrive at Daphnila Bay and settle into your Superior Room Garden View. Check-in is available from 15:00. If you have booked an Active Away transfer, you will be met at the airport by either the host or our transfer partner. If not, please let your host know your expected arrival time so they can welcome you at the resort.	Welcome: Our hosts will be at the airport, so they will do their best to say hello when you arrive. Dinner: Your host will confirm a relaxed dinner time at Antica Cucina for guests who have already arrived. Arrival day is kept flexible because guests travel at different times and some have had early starts. Late arrivals: A cold plate may be available in your room if you arrive after dinner, but this is not guaranteed.
Sunday - Finding Your Rhythm	07:00-08:15 - Breakfast - Join the group at the Antica Cucina Restaurant 09:30-10:00 - Welcome Meeting - Meet your Active Away hosts at the Tennis Centre for an introduction and overview of the week. 10:00-12:00 - Tennis Coaching - Rally Rhythm: The Green Zone. 12:00-12:15 - Cool Down & Stretch - Gentle stretching.	13:00 - Lunch - Join the group at the Antica Cucina Restaurant. 16:30-17:00 - Tennis Masterclass - Warming Up to Win. 17:00-19:00 - Tennis Doubles Social - Find Your Rhythm, with tips from your coaches.	20:00 - Meet - In the Main Bar. 20:30 - Dinner - Join the first included à la carte group dinner, organised by Active Away. Dinner will be at either Asia Oliva or Tavernaki, with the restaurant order confirmed in resort according to availability.

Day	Morning	Afternoon	Evening
Monday - Spanish Drills and Matchplay Mastery	07:00-08:45 - Breakfast - Join the group at the Antica Cucina Restaurant 10:00-12:00 - Tennis Coaching - Spanish Drills: Train like the pros. 12:00-12:15 - Cool Down & Stretch - Gentle stretching.	13:00 - Lunch - Join the group at the Antica Cucina Restaurant. 16:30-17:00 - Tennis Masterclass - Mental Matchplay Mastery (focus, resilience and routines). 17:00-18:00 - Tennis Doubles Social - Serve & Return. 18:00-19:00 - Tennis Doubles Social - Mind Over Match (point play and coaching).	20:00 - Meet - In the Main Bar. 20:30 - Dinner - Join the group at the Antica Cucina Restaurant.
Tuesday - Transition Triumph and Continental Cup	07:00-08:45 - Breakfast - Join the group at the Antica Cucina Restaurant 09:30-10:00 - Tennis Masterclass - The Art of the Approach. 10:00-12:00 - Tennis Coaching - Transition Triumph (approach shots and net movement). 12:00-12:15 - Cool Down & Stretch - Gentle stretching.	13:00 - Lunch - Join the group at the Antica Cucina Restaurant. 17:00-19:00 - Tennis Matchplay - The Active Away Continental Cup: Europe vs Rest of the World.	20:00 - Meet - In the Main Bar. 20:30 - Dinner - Enjoy the second and final included à la carte group dinner, organised by Active Away. It will be held at either Asia Oliva or Tavernaki, depending on the restaurant used on Sunday. The order will be confirmed in resort according to availability.
Wednesday - Day at Leisure	Breakfast: Enjoy breakfast at the Antica Cucina Restaurant at your leisure. Day Off - Optional Day Trip! Please visit the Active Away Day Off Guides for more information.	Free time: Relax at the resort or explore Corfu independently. Any activities, treatments, excursions or transport you arrange are separate unless specifically confirmed.	Evening: There is no organised group dinner. You may use the buffet or make your own dining plans.

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Day	Morning	Afternoon	Evening
Thursday - Doubles Disruption	07:00-08:45 - Breakfast - Join the group at the Antica Cucina Restaurant 10:00-12:00 - Tennis Coaching - Doubles Disruption (unpredictable patterns and creativity). 12:00-12:15 - Cool Down & Stretch - Gentle stretching.	13:00 - Lunch - Join the group at the Antica Cucina Restaurant. 16:30-17:00 - Tennis Masterclass - The Psychology of Doubles (disrupt, distract and dominate). 17:00-19:00 - Tennis Doubles Social - Disrupt & Dominate.	20:00 - Meet - In the Main Bar. 20:30 - Dinner - Join the group at the Antica Cucina Restaurant.
Friday - Tour Finals and Coaches' Exhibition	07:00-08:45 - Breakfast - Join the group at the Antica Cucina Restaurant 09:00-11:00 - Tennis Coaching - Bullseye Battle. 11:00-13:00 - Tennis Matchplay - The Active Away Tour Finals: The Legends Classic.	13:00 - Lunch - Join the group at the Antica Cucina Restaurant. 17:00-18:00 - Tennis Exhibition - Coaches' Exhibition Match. 18:00-19:00 - Presentation.	19:30 - Meet - In the Main Bar. 20:00 - Dinner - Join the group at the Sailing Club Restaurant in Corfu Town. The meal and transport are not included. Please allow approximately €10 for transport and €50 for dinner.
Saturday - (Depart Anytime) - Departure Day	Breakfast and check-out: Enjoy breakfast before checking out of Daphnila Bay by 11:00. Late check-out information will not be available until the day before departure, so please speak directly with reception.	Departure: If you have purchased an Active Away transfer add-on, your host will confirm your collection details. If you are making your own arrangements, please tell your host your departure time so they can say goodbye.	Please check your personal travel schedule and allow enough time for the approximately 25-minute journey to Corfu Airport, CFU.