Aphrodite Hills Hotel

Example Itinerary

activeaway®

Day	Morning	Afternoon	Evening
Saturday - Arrival Day (Arrive Anytime)	**Arrival:** Fly into Paphos International Airport (PFO), approximately 25 minutes from Aphrodite Hills. If you booked an Active Away transfer, you will be collected as confirmed. Otherwise, please tell your host your travel plans and expected hotel arrival time.	**Check-in:** Arrive at Aphrodite Hills Hotel and settle into your room (check-in is available from 14:00). Your host will do their best to welcome you when you arrive.	**Welcome:** Your hosts will do their best to say hello when you arrive. Arrival day is relaxed because guests travel at different times. **Dinner:** Your host will confirm the dinner time at the Eleonas Main Buffet Restaurant for guests who have arrived. **Late arrivals:** If you arrive after the restaurant closes, a cold plate will be provided in your room.
Sunday	**08:00-09:30 -** Breakfast - Join the group at the Eleonas Main Buffet Restaurant **09:30-10:00 -** Welcome Meeting - At the Padel Centre **10:00-12:00 -** Padel Coaching - The Art of the Approach (Lob, chiquita and passing shots)	**13:00 -** Lunch - Join the group at the Eleonas Main Buffet Restaurant **16:30-17:00 -** Padel Masterclass - The Art of the Approach **17:00-19:00 -** Padel Match Play - Fiesta del Padel	**20:00 -** Meet in the Lobby Bar **20:30 -** Dinner - Join the group at the Eleonas Main Buffet Restaurant
Monday	**08:00-09:30 -** Breakfast - Join the group at the Eleonas Main Buffet Restaurant **10:00-12:00 -** Padel Coaching - The Master Glass (Side, back and double glass)	**13:00 -** Lunch - Join the group at the Eleonas Main Buffet Restaurant **16:30-17:00 -** Padel Masterclass - Building Successful Partnerships **17:00-19:00 -** Padel Match Play - Net Ninjas vs Lob Lords	**20:00 -** Meet in the Lobby Bar **20:30 -** Dinner - Join the group at the Fig & Olive Restaurant (subject to availability and restaurant season)

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Tuesday	**08:00-09:00 -** Breakfast - Join the group at the Eleonas Main Buffet Restaurant **09:30-10:00 -** Padel Masterclass - Technical Tune-Up **10:00-12:00 -** Padel Coaching - The Aggressor's Advantage (Smash, bandeja and volleys)	**13:00 -** Lunch - Join the group at the Eleonas Main Buffet Restaurant **17:00-19:00 -** Padel Match Play - Mexicano Missions	**20:00 -** Meet in the Lobby Bar **20:30 -** Dinner - Join the group at the Eleonas Main Buffet Restaurant
Wednesday	**Day Off -** Enjoy an optional day trip or book a round on the resort's 18-hole golf course (subject to availability and additional charges).	**Free time:** Relax beside the pool, visit the spa or enjoy the resort at your leisure.	**Dinner:** Dine at the Eleonas Main Buffet Restaurant or make your own plans. Ask your hosts if you would like to join the coaching team.
Thursday	**08:00-09:30 -** Breakfast - Join the group at the Eleonas Main Buffet Restaurant **10:00-12:00 -** Padel Coaching - Starting Strong: The First 3 Shots (Serve, return and third-shot decisions)	**13:00 -** Lunch - Join the group at the Eleonas Main Buffet Restaurant **16:30-17:00 -** Padel Masterclass - Talking Tactics **17:00-19:00 -** Padel Match Play - Playing with Purpose	**20:00 -** Meet in the Lobby Bar **20:30 -** Dinner - Join the group at the Pithari Restaurant (subject to availability and restaurant season)
Friday	**08:00-08:45 -** Breakfast - Join the group at the Eleonas Main Buffet Restaurant **09:00-13:00 -** Padel Tournament - The Active Away Cup	**13:00 -** Lunch - Join the group at the Eleonas Main Buffet Restaurant **17:00-18:00 -** Padel Exhibition - Coaches' Exhibition Match **18:00-18:30 -** End-of-Week Presentation	**20:00 -** Meet in the Lobby Bar **20:30 -** Dinner - Join the group at the Nusan Restaurant (subject to availability and restaurant season)
Saturday - Departure Day (Depart anytime)	**Breakfast and check-out:** Enjoy breakfast before checking out of Aphrodite Hills Hotel. Please ask reception about late check-out availability the day before departure.	**Departure:** If you booked an Active Away transfer, your host will confirm collection. Otherwise, please tell your host your plans and travel independently to Paphos Airport.	**Journey home:** Depart Cyprus with new memories, new friends and plenty of new ideas to take back to your home court.