Liberty Lykia

Example Itinerary

Day	Morning	Afternoon	Evening
Saturday - Arrival Day (Arrive Anytime)	**Arrival:** Fly into Dalaman Airport (DLM). Your confirmed transfer arrangements will be shared before travel.	**Check-in:** Arrive at Liberty Lykia and settle into your room (check-in available from 14:00). If you have booked a transfer, you will be met at the airport by either the host or our transfer partner. If not, please let your host know your arrival time so they can come and say hello.	**Welcome:** Our hosts will be at the airport, so they will do their best to say hello when you arrive. **Dinner:** Your host will confirm the dinner time for guests who have already arrived. This is kept relaxed because attendees arrive at different times and some have had early starts. **Late food:** For later arrivals, Liberty Lykia has a snack bar open 24 hours a day.
Sunday	**07:30-09:25 -** Breakfast - Join the group at the Liberty Adult Only Restaurant **09:30-09:55 -** Welcome Meeting - Tennis Centre **10:00-12:00 -** Tennis Coaching - Rally Rhythm: The Green Zone **12:00-12:15 -** Cool Down & Stretch	**13:00 -** Lunch - Join the group at the Liberty Adult Only Restaurant **16:30-17:00 -** Tennis Masterclass - Warming Up to Win **17:00-19:00 -** Tennis Doubles Social - Find Your Rhythm (Get tips from your coaches)	**20:00 -** Meet in the Liberty Adult Only Bar **20:30 -** Dinner - Join the group at the Liberty Adult Only Restaurant
Monday	**07:30-09:30 -** Breakfast - Join the group at the Liberty Adult Only Restaurant **10:00-12:00 -** Tennis Coaching - Spanish Drills (Train like the pros) **12:00-12:15 -** Cool Down & Stretch	**13:00 -** Lunch - Join the group at the Liberty Adult Only Restaurant **16:30-17:00 -** Tennis Masterclass - Mental Matchplay Mastery (Focus, resilience & routines) **17:00-18:00 -** Tennis Doubles Social - Serve & Return **18:00-19:00 -** Tennis Doubles Social - Mind Over Match (Point play & coaching)	**20:00 -** Meet in the Liberty Adult Only Bar **20:30 -** Dinner - Join the group at the Liberty Adult Only Restaurant

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Tuesday	**07:30-09:00 -** Breakfast - Join the group at the Liberty Adult Only Restaurant **09:30-10:00 -** Tennis Masterclass - The Art of the Approach **10:00-12:00 -** Tennis Coaching - Transition Triumph (Approach shots & net movement) **12:00-12:15 -** Cool Down & Stretch	**13:00 -** Lunch - Join the group at the Liberty Adult Only Restaurant **17:00-19:00 -** Tennis Doubles Social - Continental Cup (Europe vs Rest of World)	**20:00 -** Meet in the Liberty Adult Only Bar **20:30 -** Dinner - Join the group at the Balbura Steak Restaurant* *€50 for non Adult-Only guests
Wednesday	**Day Off - Optional Day Trip!** Please visit the Active Away Day Off Guides for more information.	Free time for independent activities or relaxation.	Evening at leisure.
Thursday	**07:30-09:30 -** Breakfast - Join the group at the Liberty Adult Only Restaurant **10:00-12:00 -** Tennis Coaching - Doubles Disruption (Unpredictable patterns & creativity) **12:00-12:15 -** Cool Down & Stretch	**13:00 -** Lunch - Join the group at the Liberty Adult Only Restaurant **16:30-17:00 -** Tennis Masterclass - Psychology of Doubles (Disrupt, distract, dominate) **17:00-19:00 -** Tennis Doubles Social - Disrupt & Dominate	**20:00 -** Meet in the Liberty Adult Only Bar **20:30 -** Dinner - Join the group at the Turkish Restaurant* *€10 additional charge
Friday	**07:30-09:00 -** Breakfast - Join the group at the Liberty Adult Only Restaurant **09:00-10:30 -** Tennis Coaching - Bullseye Battle **10:30-11:00 -** Bubbles & Snacks **11:00-13:00 -** Tennis Matchplay - Active Away Tour Finals: Legends Classic	**13:00 -** Lunch - Join the group at the Liberty Adult Only Restaurant **17:00-18:00 -** Tennis Exhibition - Coaches Exhibition Match **18:00-19:00 -** Presentation	**20:00 -** Meet in the Liberty Adult Only Bar **20:30 -** Dinner - Join the group at the Chinese Restaurant* *€20 additional charge

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Saturday - Departure Day (Depart anytime)	**Breakfast and check-out:** Enjoy breakfast before checking out of Liberty Lykia - hotel check-out is 12:00. Late check-out information will not be available until the day before, so please speak directly with reception.	**Departure:** Your confirmed airport transfer and pickup details will be shared before travel. If you are making your own arrangements, please tell your host your departure time so they can say goodbye.	**Journey home:** Depart Dalaman with new memories, new friends and plenty of tennis played.