The Lensbury

Example Itinerary

activeaway®

Day	Morning	Afternoon	Evening
Friday - (Arrival Day)	-	**13:45 - Arrival at The Lensbury** - Make your own way to The Lensbury and meet your Active Away host. If your room is not yet ready, reception can store your luggage and you may use the hotel facilities while you wait. Please let your host know if you are delayed. **14:00-14:30 - Welcome Meeting** - Meet your host, coaches and fellow guests in the Sports Bar. **14:30-15:00 - Check In & Get Ready** - Hotel check-in is from 15:00. If your room is ready, check in and settle in; otherwise leave your luggage with reception and use the changing facilities to prepare for tennis. **15:30-16:30 - Tennis Coaching** - Baseline Brilliance: The Power of Precision (Grass Courts). **16:30-17:30 - Tennis Coaching** - Dynamic Doubles: The Planned Poach (Grass Courts). **17:30-18:30 - Tennis Doubles Social** - Tactical Tie Breaks: Implementing Strategies for Success (Grass Courts).	**20:00 - Meet** - Join the group in the Sports Bar at The Lensbury. **20:30 - Dinner** - Active Away has organised a group reservation in the Riverside Restaurant. Food and drinks are paid for locally.
Saturday	**07:30-08:45 - Breakfast** - Join the group in the Riverside Restaurant. Breakfast is included. **09:00-09:30 - Tennis Masterclass** - Team Harmony: Building Successful Partnerships (Hard Courts). **09:30-11:30 - Tennis Doubles Social** - Consistent Communication - Doubles Discovery (Hard Courts).	**11:30-16:00 - Free Time** - Explore London, arrange another activity or enjoy The Lensbury's leisure facilities. Lunch is paid for locally. **16:30-18:30 - Tennis Coaching** - Net Mastery: Owning the Net (Hard Courts).	**20:00 - Meet** - Join the group in the Sports Bar at The Lensbury. **20:30 - Dinner** - Take a short walk with the group to The Anglers at Teddington Lock. Active Away has organised the reservation; food and drinks are paid for locally.

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Example Itinerary

Day	Morning	Afternoon	Evening
Sunday - (Departure Day)	**07:30-08:15 - Breakfast** - Join the group in the Riverside Restaurant. Breakfast is included. **08:15-08:45 - Check Out** - Check out before tennis, settle any extras and ask reception to store your luggage. Showers and changing rooms are available after check-out in the Lockside leisure facility. **09:00-10:30 - Tennis Coaching** - Dynamic Doubles: Strategies for Successful Transitions (Hard Courts). **10:30-12:30 - Tennis Play** - Bullseye Battle (Hard Courts).	**12:30-13:00 - Presentation** - Awards and weekend wrap-up. **13:00 - Departure** - Collect your luggage and make your own onward journey. Please tell your Active Away host if you need to leave before the presentation finishes.	-