Hyatt Regency Vilamoura Algarve

Example Itinerary

activeaway®

Day	Morning	Afternoon	Evening
Monday - Arrival and Art of the Approach	**Arrival:** Fly into Faro Airport (FAO). Hyatt Regency Vilamoura Algarve is approximately 30 minutes from the airport. We recommend choosing a flight that lands before 13:00 so you have time to reach the hotel before the welcome meeting.	**15:00 - Check-in -** Check in at Hyatt Regency Vilamoura Algarve. If you have booked an Active Away transfer, you will be met at the airport by your host or transfer partner and collected accordingly. If you are making your own way to the hotel, please let your host know your expected arrival time. **16:30-17:00 - Welcome Meeting -** Meet your hosts, coaches and fellow players at the padel courts before the first session. **17:00-18:30 - Padel Coaching - Art of the Approach -** Build confidence moving forward, choosing the right approach and taking control of the net.	**20:00 - Dinner - Brasa Coastal Steakhouse -** Join the group for dinner at the hotel. Dinner and drinks are not included and are paid locally.
Tuesday - Masterglass and Match Play	**07:00-10:30 - Breakfast - Brasa Coastal Steakhouse -** Breakfast is included. Please allow enough time to be ready for the morning padel session. **10:00-12:00 - Padel Coaching - Masterglass -** Develop your use of the glass and learn how to turn difficult defensive positions into attacking opportunities.	**13:00 - Lunch - Brasa Coastal Steakhouse -** Join the group for an organised lunch. Lunch and drinks are not included and are paid locally. **16:00-18:00 - Padel Matchplay - Net Ninjas vs Lob Lords -** Put the morning's learning into practice through structured, competitive match play.	**20:00 - Dinner - Sushi Mishi2 -** Join the group for dinner. Dinner, drinks and transport are not included and are paid locally. Your hosts will help the group arrange shared taxis or Ubers.

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Day	Morning	Afternoon	Evening
Wednesday - Attackers Advantage and the First Three Shots	**07:00-10:30 - Breakfast - Brasa Coastal Steakhouse -** Breakfast is included. Please allow enough time to be ready for the morning padel session. **10:00-12:00 - Padel Coaching - Attackers Advantage -** Work on creating pressure, recognising attacking opportunities and finishing points with purpose.	**13:00 - Lunch - Brasa Coastal Steakhouse -** Join the group for an organised lunch. Lunch and drinks are not included and are paid locally. **16:00-18:00 - Padel Coaching - The Importance of the First Three Shots -** Focus on serve, return and the next ball to start each point with clarity and intent.	**19:30 - Dinner - NoSolo Italia, Vilamoura Marina -** Join the group for dinner at the marina. Dinner, drinks and transport are not included and are paid locally. Your hosts will help the group arrange shared taxis or Ubers.
Thursday - Active Away Cup and Departure	**From 07:00 - Breakfast - Brasa Coastal Steakhouse -** Breakfast is included. Please allow enough time to be ready at the padel courts by 09:00. **09:00-10:30 - Active Away Cup -** Finish the holiday with a friendly tournament and put the week's learning into competitive play. **10:30-10:45 - Presentation -** Celebrate the week's padel and the Active Away Cup with your coaches and fellow players.	**12:00 - Check-out and departure -** Check out of the hotel. We recommend choosing a departing flight after 15:00. If you have booked an Active Away transfer, your host will confirm your collection arrangements. If you are making your own way to the airport, please tell your host your departure plans.	**Departure:** Faro Airport is approximately 30 minutes from the hotel. Please allow enough time for your journey and the airline's recommended airport check-in procedures.